



### Application Donation Form

Yes! I would like to assist the YWCA of Darwin Inc to continue to provide a wide range of community services.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

**Please send me information about:**

Membership  Volunteering  Bequests

Encore  Other

I would like to receive the YWCA of Darwin Inc newsletter -

Around Darwin Y by:  Post  Email

Please accept my donation to the YWCA of Darwin Inc  
(Donations over \$2.00 are tax deductible)

\$10  \$20  \$50  OR \$ \_\_\_\_\_ (other amount)

Payment by:  Cheque / Money Order  
 Credit Card:  Mastercard  Visa

Validation Code: \_\_\_\_\_

Cardholders Name: \_\_\_\_\_

Expiry date: \_\_\_\_ / \_\_\_\_

Signature: \_\_\_\_\_

For the purpose of:

General Purposes  Youth Support Programs  
 Encore  Youth housing  Family Programs

**ABN: 61 251 097 393**

All gifts to the YWCA are tax deductible. Please forward your gift to: YWCA of Darwin Inc, GPO Box 2586, Darwin NT 0801

## Helpful Contact Numbers

Police (24 hours) 131444/000  
Police Domestic Violence Unit 8999 0865  
LifeLine 131114  
Hospital Emergency Section 8922 8888

### Accommodation/Support

**YWCA Domestic and Family Violence Centre  
8932 9155**

Other  
Dawn House 8945 1388  
DAIWS (Darwin Aboriginal  
Islander Women's Shelter) 8945 2284

### Legal Services

Domestic Violence Legal Service 8999 7977  
NT Legal Aid 8999 3000  
Top End Women's Legal Service 8982 3000  
NAAJA (Aboriginal Legal Aid) 1800 898251

**The YWCA of Darwin is part of a worldwide women's membership organisation that provides a wide range of services to women, youth and families.**

**Our staff can tell you about other programs we operate that may be of assistance and support to you or your children.**

**YWCA Domestic and Family Violence Centre  
PO Box 2586, Darwin NT 0801  
Phone: 8932 9155 (24 hours)  
Fax: 8932 9177**

**E-mail: [dfvccord@ywcaofdarwin.org.au](mailto:dfvccord@ywcaofdarwin.org.au)**

**Case Workers  
Case Managers  
Support Workers  
Office located on the Ground Floor,  
Goyder Centre  
Office Open : Week days 8:30am – 4:00pm**

## DOMESTIC AND FAMILY VIOLENCE CENTRE



Phone: (08) 8932 9155

Fax: (08) 8932 9177

**HELP FOR FAMILIES IN THE  
PALMERSTON AND RURAL AREAS  
ESCAPING DOMESTIC & FAMILY VIOLENCE.**

[dfvccord@ywcaofdarwin.org.au](mailto:dfvccord@ywcaofdarwin.org.au)

[www.ywcaofdarwin.com.au](http://www.ywcaofdarwin.com.au)

**Empowered individuals,  
women and families in a  
safe and inclusive community**

## What Is Domestic Violence?

Domestic Violence is a violation of human rights. It involves violent, abusive, or intimidating behaviour carried out by an adult against a partner, or former partner, to control and dominate that person.

Violence can be:

- **Physical abuse** includes hitting, pushing, punching, kicking you or your children.
- **Psychological and Emotional abuse** includes verbally threatening & abusing you, putting you down, constantly criticising you, stalking and scaring you and destroying your belongings.
- **Sexual abuse** - forcing you to have sex when you do not want to and are afraid to say no.
- **Social abuse / Isolation** - not letting you visit and phone family or friends.
- **Economic abuse** - not letting you spend money on basic needs.

***Do not blame yourself.  
You are not responsible for  
another person's violence.***

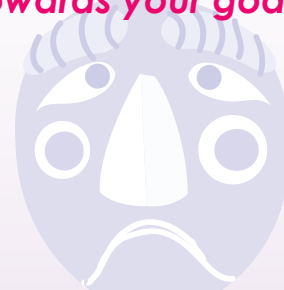
## How Can We Help You?

DFVC assists families living in the Palmerston and rural areas, who are escaping domestic and family violence.

We can provide support and referrals for:

- Safe crisis and medium term accommodation.
- Information about, and assistance from, other agencies.
- Legal and housing information and support.
- Support and counselling for children.

***Our staff will help you work  
towards your goals.***



### Putting Children First

It is important to make sure your children are safe from witnessing and protected from experiencing violence.

Fighting and stress in the home affects children.

Children may blame themselves or feel scared, worried or angry. Sometimes children begin to copy the abusive behaviours they see at home.

## Fighting and stress at home affects children



### What To Bring

If possible, you should bring

- Personal Papers
  - Identification
  - Bank details
  - Medicare details
  - Restraining Order
  - Family Law documents
  - Birth Certificates
  - Passports
- Clothing and personal belongings for yourself and children.
- Any medicines that you or the children need.



***You should only get these items if it is  
safe for you to do so.***